



Embrace FARM
Farm Accident Support Network

Peer to Peer

Helping each other



Embrace FARM
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Embrace FARM is governed by a
voluntary board of directors.

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Someone To Talk To

What can help those who are dealing with the consequences of a sudden loss or trauma? The most popular answer is 'someone to talk to in the same situation'.

Seeking Help

When it comes to seeking help, Embrace FARM, through personal experience, understands how counselling and support groups can help following a loss or trauma. By allowing the name and memory of the loved one to be remembered and by finding other individuals and families that have been through a similar situation, the journey is shared.



What peer to peer supports do Embrace FARM provide?

Survivors Support Group

Individuals who sustain serious life changing injuries from a farming accident, physically can be obvious such as amputated limbs, spinal and brain injuries. However, there are also hidden impacts, such as mental health and emotional health issues which survivors have to endure. The survivors support group which meets regularly, provides a safe and confidential space for people to share their stories.

A family member or friend can be deeply impacted by the accident; adjusting to life afterwards and coping with the many changes this brings with it, affects not just the person who has been injured. The group also welcomes family members and friends of the farm accident survivor.

Grief Support Group

Through the loss of a loved one and knowing that there are other people out there in similar situations, Embrace FARM have formed their grief support groups and workshops for those who have lost a partner, spouse or family member in farm accidents or through sudden loss.

Residential Bereavement Weekends

Since 2016, Embrace FARM has brought farm families together in a shared and safe way with others that have experienced similar loss and grief. For families who have lost a child, a parent, spouse or partner in life through sudden death or trauma, a weekend is arranged to bring approximately 10-15 families together to help them on their journey.

Activities are focused around the various age groups of the family unit and workshops are run for the parents to reflect and share.

Embrace FARM Annual Remembrance Service

This ecumenical remembrance service allows those affected and bereaved by farm accidents and sudden loss to come together to remember those they have lost and support those impacted. Attended by farm families, friends, community groups and key representatives in the agri sector, families are invited to send the names of their loved ones to be read aloud during the service.

"We speak their names because they are still, and always will be, a part of us."

How do I know which peer to peer support is right for me?

If you or anyone near you feel one of Embrace FARM's peer to peer supports can help please get in touch.